



We present fit for work every single day.



We always follow LOTO procedures and never by-pass an isolation.



We always follow our JSEAs and stop when the job changes to re-assess.



We never begin work or allow others to begin work without being trained and authorised.



We are always accountable for the safety of ourselves, our workmates and the public.



If in doubt, ask.



## **GOLDEN RULES**

**MOMENTS OF CHOICE...  
FOR MY FAMILY,  
FOR MY MATES, FOR ME**